

Curriculum Vitae

Seyede Salehe Mortazavi,

Date, Place of birth: 19/09/1979, Najafabad (Iran)

Assistant Professor of Gerontology, School of Behavioral Sciences and Mental Health (Tehran Institute of Psychiatry), Iran University of Medical Sciences (IUMS)

Contact details: Phone: +98-913-2330956

Email: mortazavi.ss@iums.ac.ir

salehe.mortazavi@gmail.com

EDUCATION

PhD of gerontology, Iran University of Medical Sciences, Tehran, Iran (2012-2017)

MPH (Master of Public Health). Tehran University of Medical Sciences, School of Public Health, Department of Health Promotion and Education, Tehran, Iran. (2011-2013)

Master of Science (In Health Education), Tehran University of Medical Sciences, School of Public Health, Department of Health Promotion and Education, Tehran, Iran. (2008-2010)

Bachelor of Science (In Public Health), Isfahan University of Medical Sciences, School of Public Health, Isfahan, Iran. (2001-2003)

WORK EXPERIENCE

Since 2018 Assistant Professor of Gerontology, School of Behavioral Sciences and Mental Health, Tehran Institute of Psychiatry, Iran University of Medical Sciences (IUMS)

2012 Expert in charge of the elderly's Health/ Vice Chancellor for Hygiene, Isfahan University of medical sciences

- To Design and Manage educational package about aging
- To Design and perform researches about aging

2010-2012 Expert in charge of School Health/ Vice Chancellor for Hygiene, Isfahan University of medical sciences

- To Manage Periodic checkups in students in target population of Isfahan University of medical sciences
- To Design educational package about health topics for students
- To educate health staff about School health

Expert in charge of community-based participation/ Vice Chancellor for Hygiene, Isfahan University of medical sciences

- To Manage community participation in health problem identification/solving in target population of Isfahan University of medical sciences
- To Design and perform Community-based research
- To Design educational package about health topics for public population

2006-2010 Expert in charge of family health and population, Isfahan University of medical sciences/ Najafabad Health center

- Instructor of family planning and mental health
- Family planning counseling in health centers
- Pediatric care in health centers

Teaching Experiences

2019-2020

Medical information systems to the student of PhD of Clinical psychology in Iran University of medical sciences

Health promotion and health behavior models to the student of MPH in Iran University of medical sciences

2018

Epidemiology of aging to the student of MPH in Iran University of medical sciences

Medical information systems to the student of master of Health psychology in Iran University of medical sciences

Medical information systems to the student of master of Clinical psychology in Iran University of medical sciences

2015

Endnote software to the faculty members and medical students of Hasheminejad Hospital

Endnote software to the students of social welfare and rehabilitation Sciences University

Search Strategy to the students of social welfare and rehabilitation Sciences University

2013-2014

Endnote software to faculty members and medical students of Hasheminejad Hospital

SPSS software to Health Systems Engineering student. Tarbiat Modares University

2011-2012

- Demography and Family Planning to public health students
- Environmental Health to public health students
- Occupational Health to public health students

2008-2010

- Training course to public health students
- Training course to social medicine assistant
- Sexual dysfunction Workshops to health centers' employees
- healthy lifestyles Workshop to the elderly in target population of Najafabad health centers

PUBLICATIONS

- 1) M Shati, SS Mortazavi, V Nejati, M Foroughan. The impact of computer-based cognitive training intervention on the quality of life among elderly people: a randomized clinical trial. *Trials*. 2021;22 (1), 1-10

- 2) Fatemeh Shirzad, Fatemeh Hadi, Seyede Salehe Mortazavi, Maryam Biglari, Hassan Noori Sari, Zeinab Mohammadi, Mehrdad Kazemzade Atoofi, Seyed Vahid Shariat. First line in psychiatric emergency: pre-hospital emergency protocol for mental disorders in Iran. *BMC emergency medicine*. 2020; 20 (1), 1-9.
- 3) Saeid Charsouei Seyedeh Narjes Barakchianc, Mohsen Shati, Seyede Salehe Mortazavi, Masoud Nikanfar. Psychometric properties of the Persian version of the Patient-Weighted Quality of Life in Epilepsy Inventory-10-P. *Epilepsy & Behavior* 111. 2020
- 4) SS Mortazavi, S Assari, A Alimohamadi, M Rafiee, M Shati. Fear, loss, social isolation, and incomplete grief due to COVID-19: a recipe for a psychiatric pandemic. *Basic and clinical neuroscience*. 2020; 11 (2), 225
- 5) M Shati, A Alami, SS Mortazavi, S Eybpoosh, MH Emamian, M Moghadam. Adherence to Self-isolation measures by older adults during coronavirus disease 2019 (COVID-19) epidemic: A phone survey in Iran. *Medical Journal of the Islamic Republic of Iran*.2020; 34, 152.
- 6) N Masoum Abadi, J Zarei, SS Mortazavi, R Omranipour.The Effectiveness of Psychoeducational Group Intervention on Post-Traumatic Growth: A Randomized Clinical Trial. *Journal of Iranian Medical Council*. 2019; 2 (6), 174-183
- 7) Mortazavi SS,Shati M, Khankeh H, Fazllolah Ahmadi and malakoouti K. Physician's role in the practice of polypharmacy among the elderly: a qualitative study. *BMj open*. 2019;9(5).
- 8) Mortazavi SS,Shati M,malakoouti K, Khankeh H and Fazllolah Ahmadi . Self-medication among Iranian seniors: A content analysis study. *BMC Geriatrics*. 2017;17:198
- 9) M Bazargan, J Smith, M Movassaghi, S Mortazavi, H Yazdanshenas. CORRELATES OF ADHERENCE TO DRUG REGIMEN AMONG UNDERSERVED OLDER AFRICAN AMERICAN ADULTS. *Innovation in Aging*.2017; 1 (suppl_1), 1055-1055
- 10) Mohsen Bazargan, James Smith, Hamed Yazdanshenas, Saleh Mortazavi, Gail Orum. Polypharmacy among Underserved Older African American Adults. *Again and health. Journal of Aging Research* 2017.
- 11) Mortazavi SS,Shati M, Keshtkar A, et al. Defining polypharmacy in theelderly: a systematic review protocol. *BMJ Open* 2016;6:e010989.

- 12) Seyede Salehe Mortazavi, Mohsen Shati, Seyed Kazem Malakouti, *Kazem Mohammad. Psychiatric Comorbidities among Iranian Elderly Patients on Methadone Maintenance Treatment. *Archives of Iranian Medicine*, Vol. 18, No. 11, November 2015.
- 13) Mohsen Shati, Aliakbar Hagh dust, Reza Majdzade, Kazem Mohammad, Seyede Salehe Mortazavi. "Social Network Size Estimation and Determinants in Tehran Province Residents. *Iranian J Publ Health*, Vol. 43, No.8, Aug 2014, pp. 1079-1090
- 14) Mahmoudi M, Dehdari T, Shojaeezadeh D, Abbasian L, Mortazavi S. Coping with Stress Strategies among HIV Positive Patients: A Qualitative Content Analysis. *Preventive Care in Nursing & Midwifery Journal (PCNM)*. 2013-2014; 3(2):33-46.
- 15) Seyede Salehe Mortazavi, Mohsen Shati, Reza Dorali Beni, Kazem Mohammad, Hassan Eftekhari Ardebili, Ammar Hassanzadeh Keshteli. "Comparing the effect of Group and Home-based physical activity on mental health in the elderly". *International Journal of Preventive Medicine*. 2013; 4(11):52-58.
- 16) Efat Darvishi, Seyede Salehe Mortazavi, Saharnaz Nedjat, Kouros Holakouie Naieni. "Experiences of women and gynecologist on the choice of delivery method". *Health System Research*. 2012; 8(1):59-68.
- 17) Seyede Salehe Mortazavi, Kazem Mohammad, Hassan Eftekhari Ardebili, Reza Dorali Beni, Maryam Mahmudi, Ammar Hassanzadeh Keshteli. "Mental disorder prevention and physical activity in Iranian elderly". *International Journal of Preventive Medicine*. 2012; 3(3).
- 18) Babak Amra, Reza Dorali, Salehe Mortazavi, Mohammad Golshan, Ziba Farajzadegan, Ingo Fietze, Thomas Penzel. "Sleep apnea symptoms and accident risk factors in Persian commercial vehicle drivers". *Sleep Breath*, 2012; 16(1):187-91.
- 19) Seyede Salehe Mortazavi, Hassan Eftekhari Ardebili, Kazem Mohammad, Reza Dorali Beni. "Assessing the mental health status of the elderly in Shahrekord and relationship with sociodemographic factors". *Payesh*, 2011; 4(40):485-492.

Books

- 1) "Standards to design House for elderly people", a publication of Tehran University of medical sciences, Cheshme Publications, 2011

- 2) "Prevention of risky behavior in adolescents, girls and boys, for instructors and parents' A publication of Shahid Hossein Fahmide, the Publications of Isfahan Department of Education, 2010.
- 3) "The concept of health", a publication of Vice Chancellor for Hygiene of Isfahan University of medical sciences, Pars Iliya Publications, 2010.

GRANTS

- 1) 2019 Iran University of medical sciences, "Executive and infrastructure model design for University of the third aged in Iran"
- 2) 2019 Iran University of medical sciences, "Comparison of the signs and symptoms of COVID-19 in the older adults with other age groups"
- 3) 2019 Iran University of medical sciences, "Islam point of view about difficult situations like COVID-19 outbreak a qualitative study"
- 4) 2019 Iran University of medical sciences, " Experience the death of closed relatives during the outbreak of corona virus in the survivors of the deceased A qualitative study"
- 5) 2018 Iran University of medical sciences, "An explanation of the local model of the University of the Third Age and its pilot implementation at Iran University of Medical Sciences"
- 6) 2018 Iran University of medical sciences, "An explanation of the appropriate educational intervention model of spiritual health in elderly in the framework of the University of the Third Age(phase 1)"
- 7) 2017 Iran University of medical sciences, "The process of cohabitation in Iran: A grounded theory"
- 8) 2017 Ministry of health & WHO , "Review on IMCI &WCC programs in PHC of Iran".
- 9) 2015 Iran University of medical sciences, " Validity and reliability of MOCA in Iranian elderly" .
- 10) 2015 Iran University of medical sciences, "Defining Polypharmacy in the elderly: A systematic review".
- 11) 2014 Iran University of medical sciences, "Exploring the explanatory models of polypharmacy in Iranian elderly: a mixed method".

- 12) 2013 Iran University of medical sciences," Validity and reliability of GAI in Iranian elderly" .
- 13) 2012 Tehran University of medical sciences, "Axis I psychiatric disorders in addicted elderly and its association with drug abuse patterns".
- 14) 2010 Tehran University of medical sciences, "Effect of physical activity on mental health in elderly in Shahr_e_kord" .
- 15) 2009 Isfahan University of medical sciences," Evaluating the Interventions to prevent smoking in the executive phase of Isfahan Healthy Heart Program".

PRESENTATION

Posters and Lectures

- 1) "Role of Poor Health Literacy in Polypharmacy in the Iranian Elderly: A Qualitative Study". Seyede Salehe Mortazavi, Mohsen Shati, Seyed Kazem malakouti. The 3rd International & 8th National Congress on Health Education & Promotion. 23-25 Aug 2017. Esfahan, Iran. (Lectures)
- 2) "Aggression and its correlates among addicts". Mohsen Shati, Seyede Salehe Mortazavi. The 3rd International & 8th National Congress on Health Education & Promotion. 23-25 Aug 2017. Esfahan, Iran. (Posters)
- 3) "Correlates of adherence to drug regimen among underserved older African American adults". M Bazargan, J Smith, M Movassaghi, S Mortazavi, H Yazdanshenas. 21st International Association of Gerontology and Geriatrics (IAGG) World Congress. (Lectures)
- 4) "Elderly and addiction". Seyede Salehe mortazavi. The 1st international 4th national congress on gerontology and gerontologist. 14-16 October 2015. Tehran Iran. (Lectures)
- 5) "Patterns of drug abuse and dependency among elderly addicts". Syede Salehe Mortazavi, Mohsen Shati. 9th annual international congress on addiction congress. 9-11 September 2015. Tehran Iran. (Posters)

- 6) "The effectiveness of physical activity on old men's mental health". Seyede salehe Mortazavi , Marziye shahsiyah. The 1st National Congress of men's health, Ministry of health, Tehran, Iran, March 2012. (Lectures)
- 7) "Assessing the Knowledge and practice of students about violent behavior in Najafabad in 2010", Seyede salehe Mortazavi, Raziye Omid, Mohammad Mardani. Youth Health Promotion congress, Kermanshah University of medical sciences, Kermanshah, Iran, Jun 2011. (Posters)
- 8) "Effectiveness of physical activity on mental health in elderly" Seyede salehe Mortazavi , KAzem Mohammad, Hassan Eftekhar Ardebili. 21st European Students' Conference Charite Berlin, 2010. (Posters)
- 9) "Comparison of the long effectiveness of PBL (problem base learning) method and lecture", Seyede salehe Mortazavi, Reza Dorali. Student international conference on biomedical and interdisciplinary research, Iran University of medical sciences, Tehran, Iran. May 2009. (Posters)
- 10) "Transtheoretical Model in elderly education", Seyede salehe Mortazavi, Reza Dorali. Isfahan University of medical sciences, Isfahan, Iran. March 2009. (Posters)
- 11) "The relationship between children and their parents' physical activity". Seyede salehe Mortazavi ,The 1st National Congress of Sport effect on Children Health . Mashhad University of medical sciences, Mashhad, Iran. November 2009. (Posters)
- 12) "Comparison of two educational methods, workshop and pamphlet on knowledge and attitudes of drivers of heavy vehicles in the field of sleep apnea in the province of Chahar-Mahal-o- Bakhtiari". Seyede salehe Mortazavi, Reza Dorali, New Health Sciences Congress, Thehran University of medical sciences, Tehran, Iran 2009. (Posters)

PROFESSIONAL MEMBERSHIPS

- 1) Canadian association on gerontology, since 2018
- 2) The HSR committee of Iran University of Medical Sciences, since 2018
- 3) Iranian Health education and promotion association, Tehran, Iran, since 2011

- 4) Committee for employees' education, Health Deputy of Isfahan University of medical sciences, Isfahan, Iran, 2010
- 5) Committee for the prevention of Violence behavior in students, a comprehensive plan for the students' health in Isfahan, Health Deputy of Isfahan University of medical sciences, Isfahan, Iran, 2010
- 6) Committee for the prevention of smoking in students, a comprehensive plan for the students' health in Isfahan, Health Deputy of Isfahan University of medical sciences, Isfahan, Iran, 2010

HONORS AND AWARDS

- 1) Research award of national elite foundation, 2016
- 2) Top graduated appreciation, Dean of Tehran University of medical sciences, 2014
- 3) Top student Scholarship, Dean of Tehran University of medical sciences, 2009
- 4) Letter of appreciation, Dean of Tehran University of medical sciences, 2009
- 5) Letter of appreciation, valuable services from Vice Chancellor of Isfahan University of medical sciences, 2010
- 6) Letter of appreciation, valuable services from Isfahan Governor, 2009 and 2010
- 7) Letter of appreciation, valuable services from Head of Najafabad health center, 2009

Journal reviewer

- 1) Journal of School of Public Health and Institute of Public Health Research
- 2) Iranian Journal of Ageing
- 3) Iranian Journal of Psychiatry and Clinical Psychology

RESEARCH INTERESTS

Different fields of Elderly Health (evaluation, planning, policy making...) with different research methods:

- Gerontology
- Qualitative research
- Community based research
- Clinical Trials

COMPUTER SKILLS

- SPSS
- Stata
- Office software
- Citation manager software
- Maxqda 10

LANGUAGES

- Farsi – native language
- English: fluent speaking

CERTIFICATIONS

- Grounded theory in health research. department of clinical Science and education, Sodertshuset ,Karolinska Institutet, 2015
- The Qualitative research methods, from Health Policy Research Center, Shiraz University of medical sciences,2015
- Search electronic databases, from Tehran psychiatric Institute, Iran University of Medical Sciences, 2014

- Clinical practice guidelines Standardization, from Tehran psychiatric Institute, Iran University of Medical Sciences, 2013
- Summer courses clinical trial center, from CTC Tehran University of medical sciences,2013
- Advanced analysis using SPSS, from Statistical Research and Training Center,2013
- STATA software, from Statistical Research and Training Center,2013
- SAS software, from Statistical Research and Training Center,2013
- R software, from Tehran University of medical sciences.2013
- MCHE, 2011
- Endnote from Tehran University of medical sciences, 2011
- Scientific Writing from Tehran University of medical sciences, 2009
- How to publish a paper from Tehran University of medical sciences, 2009
- Educational strategies and teaching methods from Tehran University of medical sciences, 2009
- International Computer Driving License, 2007